



Series: "You Can Be a Hero: Lessons on the Armor of God"

Lesson 2 – "The Real Super Hero – Jesus!"

***Introductory game** – "Who are you following?" (10 min)

Play "Copycat game". Students stand in a circle with person in the middle trying to guess who begins the action being copied. Game point: Who are we following in our lives? As believers, we should be keeping our eyes on Jesus daily...He is our commander! ☺

***Review Lesson 1** (5 min)– We connected Timothy as Paul instructs him to be who God called him to be. Have students look up or someone quote from memory 2 Timothy 2:15 (Awanaverse).

1. "approved to God" – only by genuine faith in Jesus (2 Timothy 1:9-10)
2. "a worker" – we are all different and uniquely called – ex. of soldier, athlete, farmer...
3. "be diligent" – Timothy could have used excuses not to be – he was sickly, young, fearful (timid)... 1 Timothy 4:8 Paul says "spiritual training is even more important than physical training".
4. "teaching the Word of Truth" – wielding our sword takes skill & practice

Introductory Questions: (5 min) "If you could have one super power – what would it be?"

"Which "super hero" do you think is the best & why?"

THE REAL SUPER HERO IS JESUS...Our Commander!

Key Take Away: Jesus has already won the war! If we have Jesus, we are more than conquerors too!

Activity: (5 min) "5 Things" – See how quickly they can think of 5 things in the following groups. This can be competitive as two teams or just as one group.

- 5 names Jesus is called besides "Jesus" (Messiah, Christ, Savior, Son of God, Son of Man, etc.)
- 5 of Jesus' disciples
- 5 words to describe Jesus
- 5 miracles of Jesus
- 5 books of the Bible (all 66 point to Jesus!)
- 5 parables Jesus told
- 5 people that met Jesus besides the disciples
- 5 people in Jesus' earthly family (Mary, Joseph, Jude (Judas), James, Simon, (Matt. 13:55) Elizabeth, Zechariah, John the Baptist)

Scripture Focus: 2 Timothy 1:12; Revelation 1:7-8

Have students look up and someone read both verses.

2 Timothy 1:12 – Paul shares with Timothy his certainty in trusting Jesus & that He will return.

Revelation 1:7-8 – speaks of Jesus return and His “Eternal Power”

“Look! He comes with the clouds of heaven.

And everyone will see him—

even those who pierced him.

And all the nations of the world

will mourn for him.

Yes! Amen!

⁸ *“I am the Alpha and the Omega—the beginning and the end,” says the Lord God. “I am the one who is, who always was, and who is still to come—the Almighty One.” NLT*

Point 1 (10 min)– Jesus is God and has always existed – The Alpha – “The One Who was”

Have students look up & read John 1:1-3, 14 – Jesus was in the beginning creating the world; He is FULLY God. He took on flesh at birth and became FULLY man in order to live a sinless, perfect life in a sinful, fallen world and then give that life as a payment for our sin when He died on the cross.

Read 1 John 1:1-2 to emphasize this point.

Point 2 – (10 min) Jesus rose from the grave and still lives – “The One Who is”

Have students divide into three groups with Bibles. Have them look up Scriptures and make a connection between them.

Group 1 – Acts 7:55, Romans 8:34, Hebrews 1:3, 1 Peter 3:22, Revelation 3:21

(Connection: Jesus is at the right hand of God in Heaven.)

Group 2 – 2 Corinthians 13:5, Romans 8:10, Colossians 1:27, Ephesians 3:17, Galatians 2:20

(Connection: Jesus is in us as believers through His Holy Spirit.)

Group 3 - Romans 8:34, Hebrews 7:25, 1 John 2:1

(Connection: Jesus is interceding for us.)

Jesus is not limited by time or space; He is in Heaven interceding for us at the right hand of God, but He is also with us and in us as believers. Our Commander fights for us and is always with us!

Point 3 (10 min)– Jesus WILL come again - “The One Who is to come” – The Omega (the End)

Have everyone look up Revelation 19:11-16; have a different student read out loud each verse (first reads vs. 11, next reads vs 12, etc.)

Note – if not mentioned earlier in the 5 names for Jesus, here are 3 more – “The Word of God”, “King of Kings”, “Lord of Lords”.

So we see that Jesus’ super power is ETERNAL and unmatched! He is all-knowing, all-present, & all-powerful. He is the Son of the One true God.

And the end of the story is.....GOD WINS!!!!!!

And if we have Jesus....we win too!!!

Read aloud Romans 8:31-39

What shall we say about such wonderful things as these? If God is for us, who can ever be against us?

³² Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else? ³³ Who dares accuse us whom God has chosen for his own? No one—for God himself has given us right standing with himself. ³⁴ Who then will condemn us? No one—for Christ Jesus died for us and was raised to life for us, and he is sitting in the place of honor at God's right hand, pleading for us.

³⁵ Can anything ever separate us from Christ's love? Does it mean he no longer loves us if we have trouble or calamity, or are persecuted, or hungry, or destitute, or in danger, or threatened with death?

³⁶ (As the Scriptures say, “For your sake we are killed every day; we are being slaughtered like sheep.”)

*³⁷ **No, despite all these things, overwhelming victory is ours through Christ, who loved us.***

³⁸ And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. ³⁹ No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.

Prayer Time: (5 min)

Give each student a piece of string or yarn that is about 8 inches long. Remind them that Jesus is at the right hand of God constantly interceding & praying for us. We can do the same as we pray for others! Tell them to move somewhere in the room away from others. As God brings to their mind someone to pray for, have them tie a knot in their yarn as they pray for each until they get to the end of their yarn. Tell them to take the knotted yarn home and put it somewhere it will remind them to pray for others.